



# FUNDRAISING IDEAS

Want to raise money to support Rock UK, but don't know where to start? Whether you're a first timer or a regular fundraiser, everybody needs a little inspiration sometimes. Here are some fun and adventurous ideas to get you started!

Let us know what you choose to do - we would love to support and encourage you.

*Thank you for your help!*

## **Bag It Up**

Ask your local supermarket for a date when you can pack shopping bags at the till

## **Bake Off Fundraiser**

Friends and family can bake their favourite cakes for a small donation

## **Car Wash**

Wash a neighbour's car for a fee

## **Coffee Morning**

Ask for cake donations and charge for coffee and cake

## **Come Dine with Me Auction**

Diners bid or purchase a selection of home cooked dishes or courses to enjoy!

## **Dog Jog**

Children can offer to walk a dog for a fee

## **Give It Up**

Get sponsored to give up something you love for a month

## **Gung Ho**

Create an inflatable obstacle course in your school field and charge to participate

## **Match Funding**

Contact local companies to see if they can help match any funds raised

## **Mile Run**

Friends and family can be sponsored to walk/run a mile or more!

## **Office Olympics**

Race down the hallway in an office chair, the ideas are endless!

## **Plant Sale**

Run a plant sale, ask keen gardeners to supply you with plant cuttings

## **Quiz Night**

Host a quiz at a local venue and charge an entry fee

## **Sponsored Silence**

This is a favourite activity for parents, teachers and youth group leaders!

## **Swap Shop**

Organise a Swap Shop and ask for a donation

## **Turn Your World Orange**

Arrange a day when everyone at school, work or youth group wears orange and charge a small fee!

## **Uniform Free Day**

Charge £1 for children not to wear uniform

## **Wax It**

Ask a brave person if they are willing to be sponsored to have their legs waxed!

## **Wheel of Misfortune**

Great to organise at a school fete by creating a spinning arrow with various options of how the kids would like to see their teachers or youth leaders face forfeits!

## **Year to Remember**

Pledge to do something different every day for a year

## **Zumbathon**

Ask for a local exercise instructor to lead and people pay to take part



REGISTERED CHARITY NO. 1107724  
(ENGLAND & WALES) SC040118 (SCOTLAND)

Please tell us all about your event,  
send an email to [supportus@rockuk.org](mailto:supportus@rockuk.org)  
or connect with us on social media

