



FUNDRAISING IDEAS

Want to raise money to support Rock UK, but don't know where to start? Whether you're a first timer or a regular fundraiser, everybody needs a little inspiration sometimes. Here are some fun and adventurous ideas to get you started!

Let us know what you choose to do - we would love to support and encourage you.

Thank you for your help!

Bag It Up

Ask your local supermarket for a date when you can pack shopping bags at the till

Bake Off Fundraiser

Friends and family can bake their favourite cakes for a small donation

Car Wash

Wash a neighbour's car for a fee

Coffee Morning

Ask for cake donations and charge for coffee and cake

Come Dine with Me Auction

Diners bid or purchase a selection of home cooked dishes or courses to enjoy!

Dog Jog

Children can offer to walk a dog for a fee

Give It Up

Get sponsored to give up something you love for a month

Gung Ho

Create an inflatable obstacle course in your school field and charge to participate

Match Funding

Contact local companies to see if they can help match any funds raised

Mile Run

Friends and family can be sponsored to walk/run a mile or more!

Office Olympics

Race down the hallway in an office chair, the ideas are endless!

Plant Sale

Run a plant sale, ask keen gardeners to supply you with plant cuttings

Quiz Night

Host a quiz at a local venue and charge an entry fee

Sponsored Silence

This is a favourite activity for parents, teachers and youth group leaders!

Swap Shop

Organise a Swap Shop and ask for a donation

Turn Your World Orange

Arrange a day when everyone at school, work or youth group wears orange and charge a small fee!

Uniform Free Day

Charge £1 for children not to wear uniform

Wax It

Ask a brave person if they are willing to be sponsored to have their legs waxed!

Wheel of Misfortune

Great to organise at a school fete by creating a spinning arrow with various options of how the kids would like to see their teachers or youth leaders face forfeits!

Year to Remember

Pledge to do something different every day for a year

Zumbathon

Ask for a local exercise instructor to lead and people pay to take part



REGISTERED CHARITY NO. 1107724
(ENGLAND & WALES) SC040118 (SCOTLAND)

Please tell us all about your event,
send an email to supportus@rockuk.org
or connect with us on social media

