



ROCK UK RISK ASSESSMENT SUMMARY 2025-26 - Summit Centre

Activity	Inherent Risks Present							Control Measures In Place						
	Drowning	Falling	Entrapment	Getting Lost	Hypothermia/Hyperthermia	Emotional Distress	Other Specific	First Aid	Standard Procedures	Activity on site	Protective Equipment	Instructor Competence	Detailed Assessment	Residual Risk
Aerial Adventure	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Low
Abseiling on site	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Low
Abseiling Outdoors Offsite	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Low
Archery	No	No	No	No	Yes	No	Arrows	Yes	Yes	Yes	Yes	Yes	Yes	Low
Bushcraft	Yes	No	No	No	Yes	No	Burns	Yes	Yes	Yes	Yes	Yes	Yes	Low
Canoeing	Yes	No	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Low
Caving On-Site	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Low
Caving Off-Site	Yes	Yes	Yes	Yes	Yes	Yes	Slips/trips	Yes	Yes	No	Yes	Yes	Yes	Low
Climbing and bouldering (indoors)	No	Yes	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Low
Crate Stack	No	Yes	Yes	No	Yes	Yes	Crates	Yes	Yes	Yes	Yes	Yes	Yes	Low
Kayaking	Yes	No	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Low
Local Hill Walk	No	No	No	Yes	Yes	No	Slips/trips	Yes	Yes	No	No	Yes	Yes	Low
Mountain walking	Yes	Yes	No	Yes	Yes	Yes	Slips/trips	Yes	Yes	No	No	Yes	Yes	Low
Orienteering	No	No	No	Yes	Yes	No	Slips/trips	Yes	Yes	Yes	No	Yes	Yes	Low
Rock Climbing Outdoors	No	Yes	Yes	No	Yes	Yes	Slips/trips	Yes	Yes	No	Yes	Yes	Yes	Low
Raft Building	Yes	No	Yes	No	Yes	No	Slips/trips	Yes	Yes	No	Yes	Yes	Yes	Low
River Studies	Yes	Yes	Yes	Yes	Yes	Yes	Slips/trips	Yes	Yes	No	Yes	Yes	Yes	Low
Team Development Tasks/Outdoor Business	Yes	No	No	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Low
Vertical Challenge	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Low
Waterfall Adventure	Yes	Yes	Yes	Yes	Yes	Yes	Slips/trips	Yes	Yes	No	Yes	Yes	Yes	Low

Campfire	Onsite	These activities are available as self-supervised activities to supplement your activity programme. As these activities are run without an instructor being present you will need to risk assess the activities yourself. If you would like to talk to us about these activities and the equipment we provide for them please get in touch.
Lakes Walk	Off site	
Local Hill Walk	Off site	
Orienteering	Onsite	
Shelter Building	Onsite	
Sports Pitch	Onsite	