



TRANSFORMING
YOUNG LIVES
SINCE 1922

SUMMIT CENTRE

Residential Adventures





CREATING CONFIDENT KIDS

SINCE 1922

Through a tailored blend of challenging, fun and engaging activities, our full-time team of experienced instructors will invite your children to find out more about what matters most, starting with themselves.

Time spent in the outdoors doing adventurous activities, in an environment away from the classroom, gives children a chance to challenge themselves. The new and exciting experiences lead them to overcome fears, grow in confidence and develop their self-esteem.

We see it all of the time and the teachers that visit tell us what a difference the shared experiences make.

Our aim is to make lasting memories for life, help bring out the best in every child and transform their young lives.

CREATING THEIR FOREVER MEMORIES



FOREVER MEMORIES

MADE AT ROCK UK SINCE 1922



WHY CHOOSE SUMMIT CENTRE?

At Summit Centre we focus on making a difference to every child that stays with us. Rather than numbers through the door, our goal is to provide quality residential activity stays and memories that last a lifetime. We invest heavily in our instructors so that they can invest in your children too. Our instructors are with us year-round so they drive our values through each individual session and genuinely care about each child.

MEASURABLE OUTCOMES

The values we instil in our staff combined with the high-class activities we offer, ensure the outcomes and benefits to your child are numerous. Your children will leave as a more cohesive group, bubbling with confidence and motivated to achieve. The lessons we teach your children through the outdoors are transferable into all aspects of life. As a result, children are more successful both academically and socially.

BURSARY SCHEME

The friendships made, obstacles overcome and fears conquered on a residential activity trip are priceless. We understand that, so we want every child to be able to benefit from these experiences. We also know this is not always financially possible so we have introduced a bursary fund. This will help groups avoid having to leave any child behind. The confidence and cohesion a group gains from being away together is invaluable and our bursary fund will help ensure this happens.

A person is climbing a rock wall at Summit Centre Mountain Valley. The climber is wearing a blue shirt, dark pants, and a pink backpack. The rock wall is made of large, light-colored panels with various colored climbing holds. The background is a green, textured wall with many small, circular openings. The overall scene is set in a wooded area with mountains in the distance.

ABOUT SUMMIT CENTRE

MOUNTAIN VALLEY

Summit Centre is nestled in a wooded South Wales valley alongside rivers and mountains. Its picturesque setting is complemented by the stunning newly re-developed site. The former coal mine had undergone various uses before it was taken over by Rock UK in 2010. Since then a £4 million project has transformed it into the perfect location for a getaway in the Welsh countryside. Its unique rural setting allows you the space to reflect and appreciate the beautiful surroundings in between the rush of adventure activities.

GREAT LOCATION

Our beautiful secluded site is only 20 minutes to the M4 Junction 32, 20 minutes to the Bannau Brycheiniog, 25 minutes to Cardiff and 1 hour to the coast. This provides a perfect base for a variety of residential stays. Bus and train links are also available if needed.

ACCOMMODATION

Following a £4m redevelopment project, Summit Centre can now offer fully catered en-suite accommodation for up to 104 guests. Dependent on your group size this can be as one large unit, or divided into 3 completely separate self-contained units. Our bunkhouse style accommodation offers you warm and relaxing facilities, perfect after a day outside doing activities. Included with the accommodation are classroom sized function rooms that can be a great indoor space for your group to meet and relax in. Summit Centre also offers a large secluded outdoor area for residential groups to use as well.

FACILITIES

- 104 bed en-suite accommodation
- 3 units (44 beds, 40 beds, 20 beds)
- 8.5m high ropes course
- Purpose built caving system with waterfall
- 18m high indoor climbing centre
- All weather sports pitch
- 3 large function and meeting rooms
- Separate café



ADVENTUROUS KIDS
can explore at Rock UK





OVER 20 INSTRUCTED ACTIVITIES

ACTIVITIES

At Summit Centre we offer over 20 instructed activities, ranging from caving to canoeing and climbing to raft building. Our fully qualified instructors will tailor each session to meet the age and experience of your group. Whichever activities you choose, we'll take your group through the basics to give you a real taste of adventure whilst teaching important life lessons such as leadership skills, environmental awareness, personal responsibility and teamwork.

You will get to choose from a broad range of activities that will ensure every member of your group can find something they enjoy and can excel at. We will always work with you to ensure your group will get the most out of their stay.



ADVENTURE DAYS

Adventure Days at Summit Centre combine cross curricular topics with an adrenaline filled day of adventure activities throughout South Wales. These are perfect for developing your residential trips and giving unforgettable experiences. Adventure Days can include river studies, waterfall walks, caving explorations and more.



**JOURNEYS
BEGIN HERE**
CREATING CONFIDENT KIDS SINCE 1922

LOCAL ATTRACTIONS

Our position within South Wales means we have a variety of local attractions that you would be able to incorporate into your stay at Summit Centre.

- Largest castle in Wales 20 mins (Caerphilly)
- Big Pit 90m underground coal mining tour
- Brecon Mountain Railway
- Bannau Brycheiniog National Park
- St Fagans National Museum of History
- Bike Park Wales – International Mountain Bike Centre
- Beach visits

SAFETY

We take the safety of your children very seriously. Summit Centre is licenced by the Adventure Activities Licensing Authority (AALA) and is regularly inspected as part of our internal health and safety audit programme. Our Instructors are fully trained and all of our staff are DBS checked.

LEARNING OUTSIDE THE CLASSROOM

Summit Centre is Learning Outside the Classroom (LOtC) accredited. We see first-hand the value and impact that learning through the outdoors has on children so we fully support the LOtC cause.

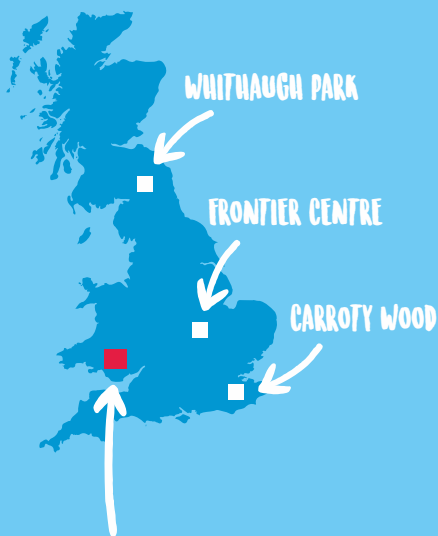
CROSS CURRICULAR

We understand that often residential trips need to meet a range of cross curricular targets. Due to the flexibility of our programme, we can structure your visit to meet the personal needs of your groups. We are happy to work with local facilities and activities in the area to create a stay your group will really benefit from. We are also willing to be flexible with pricing and we will try our best to offer packages to meet all budgets. We are happy to offer 1 free leader place for every 10 places, inclusive of accommodation, catering and activities, subject to minimum numbers.

COME AND SEE FOR YOURSELF

If you have never been to Summit Centre, or seen it since the refurbishment, we would definitely encourage you to come for a site visit. A member of our team would be delighted to show you around the site and answer any questions you may have. It is an incredible location and a pre-visit is sure to settle any nerves or queries about booking your own residential stay. Please call in advance to arrange your visit.

Rock UK is a Christian charity providing outdoor adventure since 1922. As well as Summit Centre we also have centres in Northamptonshire, Kent and the Scottish Borders.



SUMMIT CENTRE

OLD DRIFT MINE
TRELEWIS
TRESHARRIS
CF46 6RD
summit@rockuk.org
01443 710090



CREATING
CONFIDENT KIDS
SINCE 1922

For more information visit us at
ROCKUK.ORG/SUMMIT



**Cronfa Datblygu
Rhanbarthol Ewrop
European Regional
Development Fund**